

# Livewell

inspire|care|educate

**S\$3.20**  
at newsstands  
**MYR \$7.00**  
[www.livewell.com.sg](http://www.livewell.com.sg)

**Cover Story**  
**Arthritis –**  
**Truths and Myths**

**Managing  
Healthcare  
Costs**

Generic drugs explained

**WIN a S\$2000  
Pangkor Laut  
Resort stay!**

**Wong Lilin**

Secret to youth: "It helps if you  
have a hubby who's young  
at heart!"

**Pneumococcal  
Disease**

Is your child protected?

**Birth Control**  
10 old wives tales BUSTED!

**Cervical  
Cancer**

Nip it before it's too late

**Vol. 8 / 2006** Your only voice on Health, Lifestyle, Beauty & Wellness and Culture concerns

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## Home Laser Therapy

Current laser skin treatments in the market are usually expensive and can only be performed by qualified beauticians. Soft Touch Laser by Nulase is safe to be used at home to boost collagen levels, smoothes the skin's appearance and reduces fine lines and wrinkles.

Call 6225 2022 for more information on Soft Touch Laser by Nulase.



## Beautiful Skin from Within

Building beautiful skin from within, Eu Yan Sang now introduces Spot Whitening Capsules to restore your skin's radiance. The capsules contain a richly efficacious selection of high quality herbal ingredients to prevent Melasma.

Eu Yan Sang's Spot Whitening Capsules are exclusively available at all Eu Yan Sang's stores island-wide.

## Cleaner Air for a Healthier You

Honeywell's latest air purifier, Model 60001, make use of IFD™ (Intense Field Dielectric technology), a highly effective electronic diffusion filter system to rid the air of any pollutants. It features a permanent HEPA-Germicidal filter that can change the air in the room a total of 117 times a day! It uses only 66 watts and it operates without much noise.

Honeywell's Model 60001 air purifier is available at Best Denki and retails at \$549. For more enquiries, call 6747 5223.



## World's Most Stable Topical Vitamin C Formulation

With a stable chemical form of Vitamin C, suitable pH level and a patented delivery system (IntraDermal System™), Vivier Skincare has developed a range of products that guarantee controlled penetration of product, longer-lasting effect and increased therapeutic effect.

Call 6552 7787 for more information on Vivier Skincare range of products.

## Vitalenergy Reishi

Vitalenergy Reishi (Ling Zhi) nutraceutical offers you 100% whole extracts of organic reishi. It also helps to support the immune system, eliminate body toxins and balance body functions.

Vitalenergy is available in packages of 60 capsules at selected Guardian.

